

#### **ECHUCA COLLEGE**

#### SANDWICHES, ROLLS AND WRAPS

<ul><li>Ham</li></ul>	\$5
<ul><li>Ham + Cheese</li></ul>	<b>\$5.5</b> 0
• Ham, Cheese + Tomato	<b>\$5.7</b> 0
• Ham + Salad	<b>\$7.5</b> 0
• Tuna + Salad	<b>\$7.5</b> 0
• Chicken + Salad	<b>\$7.5</b> 0
<ul><li>Salad</li></ul>	<b>\$6.5</b> 0
• Egg + Mayo	\$6
• Egg + Lettuce	<b>\$6.5</b> 0
• Cheese	\$5
• Cheese + Vegemite	\$5
• Cheese + Tomato	\$5
<ul><li>Vegemite</li></ul>	\$5
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## **SUSHI**

• Chicken Teriyaki \$5

- Crispy Chicken + Avocado
- Tuna
- Tuna + Avocado

Sushi available on Thursday

## **PLATES**

• Salad (GF) \$8.50 Lettuce, Tomato, Cucumber, Cheese, Beetroot, Pineapple, Egg, Chicken or Ham

• Nibbles \$8.50 Cheese, Crackers, Veggie Sticks, Ham, Tzatziki

### **HOT FOOD**

Beef Burger	\$8
• (with the lot +2)	
<ul><li>Chicken Schnitzel + Cheese</li></ul>	\$8
<ul><li>Hot Chicken Roll + Gravy</li></ul>	\$8
• Corn on the Cob (GF)	\$3
<ul><li>Lasagna</li></ul>	<b>\$7.5</b> 0
<ul> <li>Spaghetti</li> </ul>	<b>\$7.5</b> 0
●Mini Pizza	\$5
<ul><li>Warm Chicken Wrap</li></ul>	\$8.50
Lettuce, Cheese, Tomato + Mayo	
<ul> <li>Veggie Pastie</li> </ul>	\$5.50
<ul><li>Chicken Noodle Soup</li></ul>	<b>\$7.5</b> 0
with Bread Roll	
Steamed Dim Sim	\$1.50
<ul><li>Hotdog</li></ul>	<b>\$5.5</b> 0
<ul><li>Hotdog + Cheese</li></ul>	\$6
<ul><li>Nachos, Salsa + Cheese (GF)</li></ul>	\$7
(with light sour cream +.50c)	
<ul><li>Wedges</li></ul>	\$7
(with light sour cream +.50c)	
• Beef Pie	\$5
Beef Pie (GF)	<b>\$6.5</b> 0
• Sausage Roll	\$5
<ul><li>Macaroni + Cheese</li></ul>	<b>\$7.5</b> 0
Party Pie	\$2
●Hash Brown	\$2
<ul><li>Chicken Nuggets</li></ul>	
3	\$4
6	\$6

## TOASTIES + JAFFLES

<ul><li>Cheese</li><li>Ham + Cheese</li></ul>	\$5 \$5.50
<ul><li>Baked Beans</li><li>Spaghetti (with cheese +.30c)</li></ul>	\$6.50 \$6.50
<ul><li>Chicken + Pesto Foccacia</li><li>Salami + Cheese Foccacia</li></ul>	\$8 \$8
Sauce BBQ, Tomato, Soy	.40c



# SNACKS

• Fresh Fruit (GF)	\$2.50
• Fruit Salad (GF)	\$5
• Yoghurt + Berries	\$5
<ul><li>Yoghurt, Berries + Granola</li></ul>	<b>\$5.5</b> 0
<ul><li>Vanilla Custard (GF)</li></ul>	<b>\$4.5</b> 0
• (add poached fruit +.50c)	
<ul><li>Veggie Sticks + Dip (GF)</li></ul>	\$5.50
<ul><li>Jelly Cup (GF)</li></ul>	\$4
<ul><li>Popcorn Plain (GF) or</li></ul>	\$3
flavoured	
● JJ's	\$3.50
Red Rock Deli Chips	\$3.50
Lemon Slice	\$3
<ul><li>Hedgehog</li></ul>	\$3
Brownie	\$3
<ul><li>Cookies</li></ul>	\$2.50
<ul><li>Milo Balls (3)</li></ul>	\$3
Chocolate Mousse (GF)	\$4.50
<ul><li>Berry Muffin</li></ul>	\$3.50
<ul><li>Iced Cup Cake</li></ul>	\$3.50

## STAFF OPTIONS ONLY

<ul> <li>Peanut Butter Protein Balls</li> </ul>	\$4
<ul><li>Raspberry + White</li></ul>	\$5
Chocolate Muffin	
<ul> <li>Chicken + Pesto Foccacia</li> </ul>	\$8
<ul> <li>Salami + Relish Foccacia</li> </ul>	\$8
<ul> <li>Sweet Chilli Chicken Wrap</li> </ul>	\$8.50
<ul><li>Chicken Schnitzel Roll</li></ul>	\$8
<ul> <li>Hamburger with the lot</li> </ul>	\$10
<ul><li>Hamburger with the lot</li></ul>	\$10

#### **ECHUCA COLLEGE**

# WINDOW SERVICE ONLY, NO PRE-ORDER.



Our colour coded system has been created with industry dietitians.

= Everyday foods= Occasional foods

All baked goods, lasagna, spaghetti and soups are homemade.

\*Some items not available at delivery schools **(GF)** Gluten Free